I hereby certify that this corresponde depositing it with the United States Postal Service as first class mail in an envelope with sufficient postage and addressed to the U.S. Patent and Trademark office, P.O. Box 2327, Arlington, VA 22202, on the date indicated below.

February 15, 2002

PATENT

Paper No. 3

File: Hinne-P3-01

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

Inventor

Signed:

Michael Hinnebusch

Serial No.

10/015,866

Filed

December 12, 2001

For

SYSTEM AND METHOD TO IMPROVE FITNESS

TRAINING

Group Art Unit

2121

Examiner

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Honorable Commissioner of Patents and Trademarks

Technology Center 2100

Washington, D.C. 20231

TRANSMITTAL LETTER

SIR:

Transmitted herewith for filing in the above-identified patent application is the

following:

- 1. Information Disclosure Statement;
- 2. Petition to Make Special;
- 3. PTO form 1449; and
- 4. Cited art.

The Commissioner is hereby authorized to charge any fees associated with the above-identified patent application or credit any overcharges to Deposit Account No. 50-0235.

Please direct all correspondence to the undersigned at the address given below.

Respectfully submitted,

Date: February 15, 2002

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